



Nonbinary Clinical Training Evaluation Research

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Introduction

- **Evaluation:** The present evaluation was designed to survey a Clinical Training for Nonbinary clients
- **Workshop:** The workshop facilitated awareness, education, and competence for working with this population.
- **Training:** The training consisted of experiential, informative, fun, and inspiring presentations.
- **Knowledge:** Showed significant improvement in knowledge-based questions.

Presents

Nonbinary Clinical Training

**THURSDAY
NOVEMBER 17TH**

**6:00 PM TO 7:00 PM
VIA ZOOM**

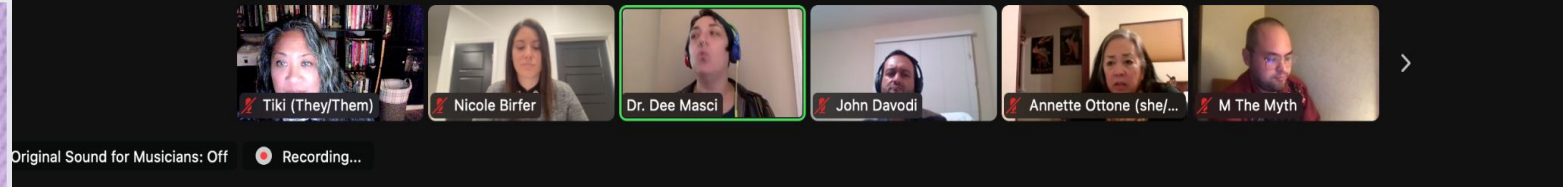
Register at:
www.fresnoglobal.com
Go to the Events Registration Page
for details. For questions, email:
nbirfer@alliant.edu

Optional Panel 7 PM to 7:30 PM

For questions about accessibility or to request accommodations in order to fully participate in this activity/event, please contact the Office of Accessibility at accessibility@alliant.edu or 858-635-4535. You will be contacted by someone from our staff to discuss your specific needs.



my pronouns are
THEY/THEM/THEIRS
Example: "They have
a cool gender."



Clinical Tips For Working With Non-Binary Folks

- Stay curious
 - Ask exploratory questions, like "What is it about that particular gender that appeals to you?"
- Stay humble
 - This is not about how you can understand the client, but how the client can understand themselves: they are the expert, you are their witness and their mirror
- Stay flexible
 - Identifying as non-binary may be a transitional stage in gaining understanding of themselves as trans, which is okay!

Dozens of gender are these I want to know about
this process.
I want to get to the Midi Gridio



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What did the Nonbinary Clinical (NB) training consist of?

Survey: Participants completed a pre-training and post-training survey. The survey consisted of informed consent, demographic questions, as well as knowledge-based questions discussed throughout the speaker presentations and quiz activity.

Speakers: Guest speakers included Laura James Castro, April Taylor-Salery, Dr. Dee Masci, and M the Myth.

Quiz & Entertainment: Attendees participated in a KAHOOT quiz on non-binary terminology and flags. Entertainment included a song performance by M the Myth.



Speakers

- **Current Research:** Laura Castro, (she/they) is an associate marriage and family therapist and a 5th year doctoral student in the couple and family therapy program at the California School of Professional Psychology at Alliant International University, San Diego. Her/They spoke specifically to the lack of existing research on interventions serving families with transgender clients.
- **Available Resources:** April (she/her) is a licensed marriage and family therapist who has dedicated her career and activism to the LGBTQ+ community. She has volunteered with Trans-E-Motion, a nonprofit organization serving the local Fresno, California transgender community. She specifically spoke about gender affirming letters and resources.
- **Gender Identity:** Dr. Dee Masci (they/them) is a passionate and enthusiastic therapist who focuses on connecting with clients to empower them toward positive change. Dee's clinical interests include human sexuality, consent, LGBTQIA+ issues, and healthy relationships. They presented on the various gender identities represented under the NB umbrella.
- **Life Experiences:** M The Myth (they/them) is a popstar revolutionizing live performance and paving the way for a new genre, Queer Pop. M is passionate about community leadership and LGBTQIA+ issues.

Results

Paired Samples Statistics

		Mean	N	Std. Deviation	Std. Error Mean
Pair 1	Pre_Correct_Answers	3.4643	28	1.45251	.27450
	Post_Correct_Answers	4.4643	28	1.29048	.24388

Paired Samples Test

		Paired Differences							
		Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference		t	df	Sig. (2-tailed)
					Lower	Upper			
Pair 1	Pre_Correct_Answers - Post_Correct_Answers	-1.00000	1.33333	.25198	-1.51701	-.48299	-3.969	27	<.001

Discussion

- Significant impact on the awareness, knowledge, and competence of participants in working with said population.
- Participants' answers on the knowledge-based portion of the post-training survey demonstrated more accuracy than the pre-training survey.
- Participants' overall thoughts on the training involved words of praise and demonstrated gained knowledge.
- Participants acknowledged they learned terminology, nonbinary identities, affirmative therapy resources, and how to be an affirmative therapist.
- When participants were asked what they most enjoyed from the training, the most common responses were:
 - Dr. Dee Masci
 - Allyship/affirming letters/resources
 - Life experiences
- When participants were asked what they least enjoyed from the training, the most common response was that the training ran over the scheduled time.
- Future trainings should concentrate on one speaker for the allotted time to prevent running over.

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